

## Wellesbourne & Walton Community Cares

We are co-ordinating a safe, friendly, efficient village wide approach to support members of our community who are self-isolating during the Covid-19 (coronavirus) outbreak.

**We are providing a website with information to help you at this difficult time**

[WWW.ww-cc.co.uk](http://WWW.ww-cc.co.uk)

Email address: [Help@ww-cc.co.uk](mailto:Help@ww-cc.co.uk)

**and for those who do not have access to the internet or email, a dedicated telephone number every day between 9am-5pm**

**07766413519**

Manned by volunteers, you will be able to request basic support services such as:

- Shopping
- Prescription Collections
- Posting letters

If you live alone and are feeling completely isolated, we will be able to direct you to other volunteers to keep you in touch with others.

### **Volunteers needed!**

**We need people to help answer phones (in your own home), shop, deliver prescriptions etc.**

**Please register to help by visiting**

[WWW.ww-cc.co.uk](http://WWW.ww-cc.co.uk)

**Or emailing [Volunteer@ww-cc.co.uk](mailto:Volunteer@ww-cc.co.uk) or call**

**07766413519**

## **Helpful Information & Telephone Numbers**

If you have concerns about an unsupported elderly resident with care and support needs, who have to self-isolate because of Coronavirus, please contact Warwickshire County Council Customer Service Centre on 01926 410410 to make them aware.

### **Food Supplies**

There are companies in our area who deliver hot, fresh or frozen ready meals to your door:

Apetito - can deliver a hot meal at lunch time, seven days a week (or on a flexible basis) from a range of menu choices. They can also deliver batches of frozen meals - visit [www.apetito.co.uk](http://www.apetito.co.uk) - telephone: 01926 889511

Ofishial Foods - frozen ready meals and some groceries - visit: [www.ofishial-foods.co.uk](http://www.ofishial-foods.co.uk) - telephone: 01295 680999

Oakhouse Foods - frozen ready meals - visit: [www.oakhousefoods.co.uk](http://www.oakhousefoods.co.uk) - telephone: 0333 7720288

Wiltshire Farm Foods - frozen ready meals - visit: [www.wiltshirefarmfoods.com](http://www.wiltshirefarmfoods.com) - telephone: 0800 077 3100

Parsley Box - ready meals - visit: [www.parsleybox.com](http://www.parsleybox.com) - telephone: 0800 6127225

Milk and More - deliver milk and groceries to your doorstep - visit: [www.milkandmore.co.uk](http://www.milkandmore.co.uk) - telephone: 0345 6063606

Maypole Butchers - (will deliver if self-isolating, prefer online orders) fresh meat, vegetable/potato boxes, eggs, cheese, cooked meats and pies – visit: [www.maypolebutchers.co.uk](http://www.maypolebutchers.co.uk) - telephone 01789 840437 – (request to order online [maypoleorders@gmail.com](mailto:maypoleorders@gmail.com))

West's Bakery - (will deliver if self-isolating) fresh bread and cakes - visit: [www.westsbakery.com](http://www.westsbakery.com) - telephone: 01789 840252

Fosse Foodbank - If you need help from the food bank - visit: [fosse.foodbank.org.uk](http://fosse.foodbank.org.uk) - telephone 07964 412010

### **Helpline Numbers**

Silverline	0800 4708090
Citizens Advice	0300 330 1183
Children's Centre	01926 691105
Christians Against Poverty	01274 760761
Mental Health Crisis team	01926406789
Mental Health Matters	07483 991763
Mental Health Self-Referral	0300 200 0011
Domestic Violence Support	08082 000247